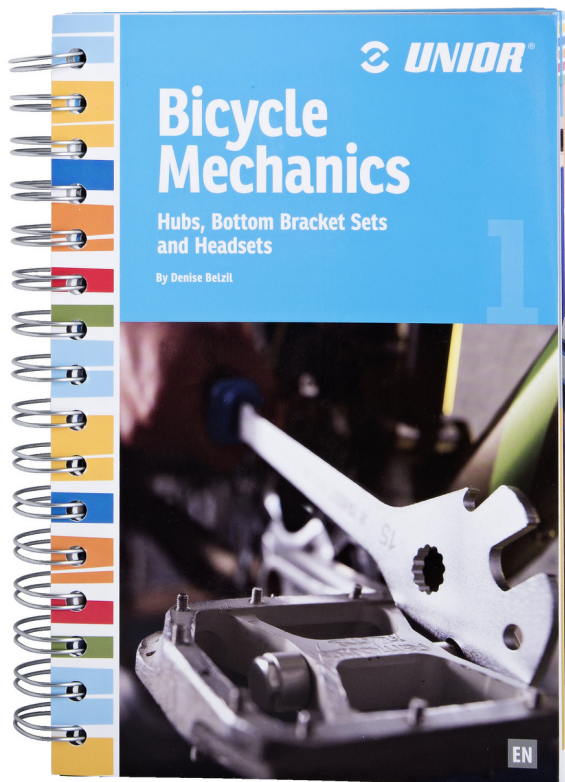


Manuel de mécanique cycles UNIOR




KAT.BIKEBOOK1



Description produit


- Le manuel UNIOR de Denise BELZIL, experte en mécanique, d'origine Canadienne, est un ouvrage destiné à donner des instructions imagées et des conseils sur la mécanique cycle pour les professionnels et pour les particuliers.
- Denise travaille dans l'univers du cycle depuis près de 30 ans, devenant l'un des piliers de la mécanique cycle en Amérique du Nord. Au cours des années 1990, elle a fondé la première école de mécanique cycle sur Montréal, TECHNO CYCLE, où elle a enseigné la mécanique durant toute sa carrière.
- Le Volume 1 traite des moyeux, des boîtiers de pédaliers, et est disponible en 274 pages. Le Volume 2 traite des systèmes d'engrenages, et des freins sur 318 pages.
- Le livre est imprimé sur du papier de haute qualité avec une reliure dotée de spirales, il est donc très pratique d'utilisation.

- Le livre est disponible en Anglais et en Français.

		
627300	EN	775
627302	FR	770

* Les images des produits ne sont pas contractuelles. Toutes les dimensions sont en mm, les poids en grammes.

Utilisation (pictures)



Shimano Sprockets Removal

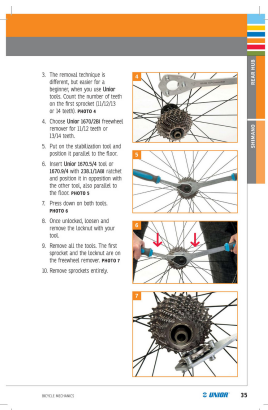
To remove sprockets, choose the appropriate tool for the task.

For example, the locknut on a Shimano sprocket nut requires a Shimano quick release device. Make sure the tool fits well into the locknut. Shimano does not have the appropriate tool, you have to find out whether it's a suitable tool or a Shimano.

- Remove quick release device.
- Use Shimano SR5000 tool for Shimano sprocket.

Once the locknut or Shimano quick release device is removed, remove the sprocket. If the sprocket is not working properly, it is a Shimano. If the sprocket is not working properly, it is a Shimano. If the sprocket is not working properly, it is a Shimano.

On the other hand, if you have a Shimano quick release device, you can use it to remove the sprocket. Shimano does not have the appropriate tool, you have to find out whether it's a suitable tool or a Shimano.




Identifying Tools for Crank Removal

Identify Shimano crank extractor is used on square spindles before bottom bracket with an 8 mm ball or the bottom bracket with a 6 or 8 mm ball. Shimano does not have the appropriate tool, you have to find out whether it's a suitable tool or a Shimano.

- Put on the Shimano tool and adjust it parallel to the frame.
- Insert Shimano SR5000 tool or Shimano with Shimano bottom bracket and adjust it in position with the other tool, also parallel to the frame.
- Press down on both balls.
- Once unlocked, bottom and adjust the locknut with your tool.
- Remove all the tools. The first sprocket and the locknut are on the Shimano sprocket.
- Remove sprocket entirely.

If you have problems extracting a crank, use Shimano extractor with a 17 mm adjustable wrench or Shimano to adjust your work. The tool also has a 16 mm socket on its other end to remove crank arm bolts.



Identifying Tools for Bottom Brackets

- Use Shimano SR5000 tool for Shimano, Shimano and Shimano 8 mm cartridge bottom bracket.
- Use Shimano SR5000 tool for Shimano and Shimano 8 mm cartridge bottom bracket.
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If you have problems extracting a Shimano SR5000 tool, it is probably because you need more force to use Shimano SR5000 tool. Shimano does not have the appropriate tool, you have to find out whether it's a suitable tool or a Shimano.

Use Shimano SR5000 tool for Shimano and Shimano 8 mm cartridge bottom bracket with Shimano SR5000 tool. Shimano does not have the appropriate tool, you have to find out whether it's a suitable tool or a Shimano.

Accessories



Catalogue technique cycle #2